



THE CONTENDERS

EQUIPPING TEENS TO NAVIGATE A SOCIAL WORLD

The Program

- The Contenders group is a social skills group aimed at equipping children to navigate the social world around them with decreased adult support.
- The program aims to develop childrens cooperation, problem solving and compromising skills in a social context.
- Children will learn how to apply these skills with similar aged peers and learn about their own communication patterns.
- Children will receive homework after each session to assist with generalising their learning.

Skills Targeted

- Problem solving and compromising with others without help from an adult
- Demonstrating expected behaviours in the appropriate setting and environment
- Using appropriate language in conversations with others
- Learning about communication patterns and strategies to communicate appropriately with others

Details

Starting Date: Tuesday 9th May

Frequency: Weekly (5 sessions & 1 report)

Time: 5.15pm-6.15pm

Age: 11+ years old

Location: Bundoora Clinic

Price: \$570 (Individual Session Breakdown Provided in Confirmation Email)

