



The Program

- This group is designed for children who are fussy eaters, and will support the creation of a positive relationship with people and food, whilst making food fun!
- Sessions will include sensory and food play with children of similar ages.
- A parent/carer will be invited to join in with the program and receive parent education support, helping create a better understanding of your child's sensory processing and its impacts to eating, and support the creation and implementation of a mealtime routine.

Skills Targeted

- Develop stronger relationships between child and food
- Develop skills for eating
- Develop parents understanding toward child's fussy eating
- Develop parents understanding of play-based therapy for feeding challenges
- Develop child's routines at mealtimes
- Develop family connections and positive experiences at mealtimes

Details

Starting Date: Tuesday 9th May (last session 11th July)

Please note - This program will run through Term 2 & the mid year School Holidays

Frequency: Weekly (10 sessions)

Age: 3-4 years **Time:** 3.00- 4pm

Age: 5-8 years **Time:** 4.15- 5.15pm

If your child is over 8 years old and would benefit from food play, please enquire.

Location: Bundoora Clinic

Price: \$1618 (Individual Session Breakdown Provided in Confirmation Email)

