



The Program

- 'Lego Legends' is a social skills program that utilises the medium of Lego to teach children how to best work with others in a group environment whilst also promoting motor skill development.
- The program aims to develop childrens social, emotional and motor skills in a group setting. Children will learn strategies to adapt, respond and manage group dynamics to promote their play skills.
- This is an evidence based program which targets social communication skills development.
- Children will receive homework to complete following each session, and an optional **resource pack** can be purchased to support further learning.

Skills Targeted

- To confidently give clear and specific instructions to others when explaining how to make a Lego creation
- Managing frustration and resilience when faced with a challenge during task performance
- Following the group plan
- Sharing resources and working within a group environment
- Flexible thinking and use of self management strategies to self regulate

Details

Start Date: Tuesday 9th May

Frequency: Weekly (5 Sessions & 1 Report)

Age: 5-7 years

Age: 8-10 years

Time: 4.00pm - 5pm

Time: 5.15pm-6.15pm

Location: Bundoora Clinic

Price: \$570 (Individual Session Breakdown Provided in Confirmation Email)

